



# CUCINA SUPER FOODIES MENU 2019 / 2020...



## WEEK ONE

MONDAY...

TUESDAY...

WEDNESDAY...

THURSDAY...

FRIDAY...

### MAIN COURSE

Cucina Pork Sausage With Onion Gravy

Crunchy Breaded Chicken With Spaghetti

Roast Turkey With Yorkshire Pudding

American Style Beef Burger

Fish & Chips

### VEGETARIAN MAIN

Vegetable Sausages With Onion Gravy

Crunchy Quorn Bites With Spaghetti

Roasted Vegetable Loaf With Yorkshire Pudding

Crispy Vegetable Burger

Cheese & Tomato Pastry Puff

### ACCOMPANIMENTS

Mashed Potato

Garlic Bread

Roast Potatoes

Baked Herby Wedges

Skinny Fries

### VEGETABLES

Garden Peas & Carrots

Broccoli & Mixed Garden Salad

Seasonal Vegetables

Rainbow Slaw & Sweetcorn

Baked Beans Or Garden Peas

### DESSERTS

Hot Brownie With Chocolate Sauce

Orange Jelly With Seasonal Fruit

Steamed Jam Sponge & Pink Custard

Strawberry Mousse

Iced Rainbow Sponge

Daily dessert offering Including sweet treats, fresh fruit and yoghurt

## WEEK TWO

MONDAY...

TUESDAY...

WEDNESDAY...

THURSDAY...

FRIDAY...

### MAIN COURSE

Spaghetti Bolognese

Mild Chicken Korma

Roast Pork With Stuffing & Yorkshire Pudding

Oven Baked Chicken Goujons

Fish Fingers

### VEGETARIAN MAIN

Quorn Bolognese

Sweet Potato & Spinach Curry

Quorn Fillet With Stuffing & Yorkshire Pudding

Southern Fried Quorn Escalope

Vegetable Nuggets

### ACCOMPANIMENTS

Garlic Bread

Naan Bread

Roasted Potatoes

Crunchy Garlic & Herb Potato Wedges

Skinny Fries

### VEGETABLES

Carrots & Garden Peas

Scented Rice & Sweetcorn

Seasonal Vegetables

Rainbow Slaw & Baked Beans

Garden Peas

### DESSERTS

American Pancake With Toppings

Chocolate cherry Muffin

Oaty Apple Crumble & Custard

Jammy Iced Bun

Double Choc Chip Cookie

Daily dessert offering Including sweet treats, fresh fruit and yoghurt

## WEEK THREE

MONDAY...

TUESDAY...

WEDNESDAY...

THURSDAY...

FRIDAY...

### MAIN COURSE

Homemade Ham Pizza

Chinese BBQ Chicken

Roast Gammon With Yorkshire Pudding

Beef Lasagne

Salmon Fish Cake

### VEGETARIAN MAIN

Homemade Margherita Pizza

Chinese BBQ Quorn Strips

Vegetable Sausage Toad In The Hole

Roasted Vegetable Lasagne

Cheese & Tomato Quiche

### ACCOMPANIMENTS

Herby Wedges

Noodles

Roast Potatoes

Garlic Bread

Skinny Fries

### VEGETABLES

Sweetcorn & Mixed Salad

Stir Fried Vegetables

Seasonal Vegetables

Carrots & Mixed Salad

Baked Beans Or Garden Peas

### DESSERTS

Sticky Toffee Pudding & Toffee Sauce

Frozen Yoghurt Bar With Toppings

Hot Treacle Sponge With Custard

Lemon Shortbread Biscuit

Iced Rainbow Sponge

Daily dessert offering Including sweet treats, fresh fruit and yoghurt