



# What's on the Menu?

W/b 9 September 2019



<i>Monday</i>	Minced Beef Ragu or Falafel Balls	with Pasta Twists, Grated Cheese & Mixed Green Salad	Lemon Curd Cake	<p>A selection of home-made breads and fresh salads with dressings (optional) are available every day</p> 
<i>Tuesday</i>	Hotdogs (Pork or Vegetarian) or Cauliflower & Broccoli Cheese Bake	with Potato Waffles, Sweetcorn & Green Beans	Chocolate Brownie	
<i>Wednesday</i>	Roast Gammon or Quorn & Vegetable Casserole	with Roast Potatoes, Carrots, Cauliflower & Gravy (optional)	Strawberry Mousse	
<i>Thursday</i>	Chicken & Vegetable Pie or Cheese & Tomato Frittata	With Diced Potatoes & Broccoli	Syrup Sponge & Custard	
<i>Friday</i>	Battered Fish or Vegetable Nuggets	with Chips, Baked Beans or Peas	Jam Doughnut	
 <p><b>A choice of flavoured yoghurts and chilled fresh milk, as well as a selection of fresh fruit is available every day</b></p>				

Our meals are freshly cooked in school daily. Steve Konrad, our Chef Manager, is always happy to share ingredient and allergen information and to discuss and cater for pupils' specific dietary requirements. Please contact Steve via the School Office.