

30th July - 3rd August

SPRINTS
HURDLES
MIDDLE DISTANCE
RACE WALK

RUN.

PADDOCK WOOD AC'S ANNUAL
ATHLETICS WEEK 'STARTRACK'

JUMP.

LONG JUMP
HIGH JUMP
TRIPLE JUMP



NOW IN ITS 27TH YEAR!

THROW.

JAVELIN
DISCUS
SHOT
HAMMER

*****FOR ALL CHILDREN FROM 6
YEARS OLD & UPWARDS*****

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